Using LCA for sustainable design



Athena Sustainable Materials Institute



Introduction to LCA



What is LCA?

Life cycle assessment inventories all the flows between a product and nature, and then estimates the environmental impact of those flows.





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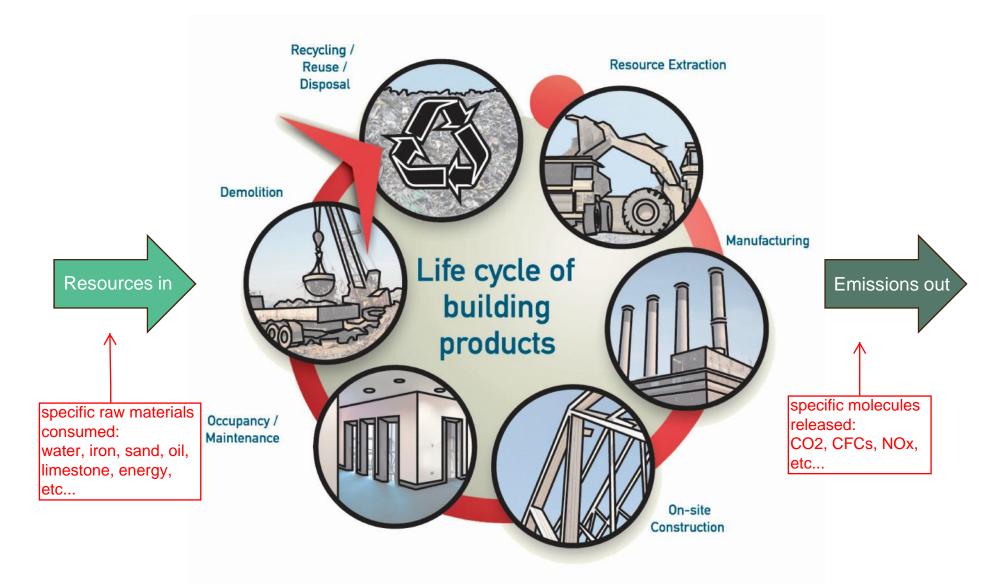
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This is called **life cycle** assessment because it looks at every stage (phase) of the product's life, for a comprehensive cradle-to-grave environmental footprint.



Inputs and outputs are measured in each life phase – this results in an environmental **inventory**.



Next is **impact assessment**, where the inventory is projected to potential for environmental damage to air, land and water due to, for example, construction of a building.



The Value of LCA

- Provides real data to inform green choices (replacing guesswork).
- Is the basis for transparent disclosure of environmental performance.
- Addresses **embodied** impacts (which are too often ignored).
- Identifies hot spots so we know where to look for improvements.



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Are the typical characteristics we look for in green products real environmental performance measures or are they **proxy measures** where we assume there is a related green benefit?

55% recycled content!

Local product!

(Sounds good, but what's the environmental benefit?)



This kind of measured environmental **performance data** is much more useful.

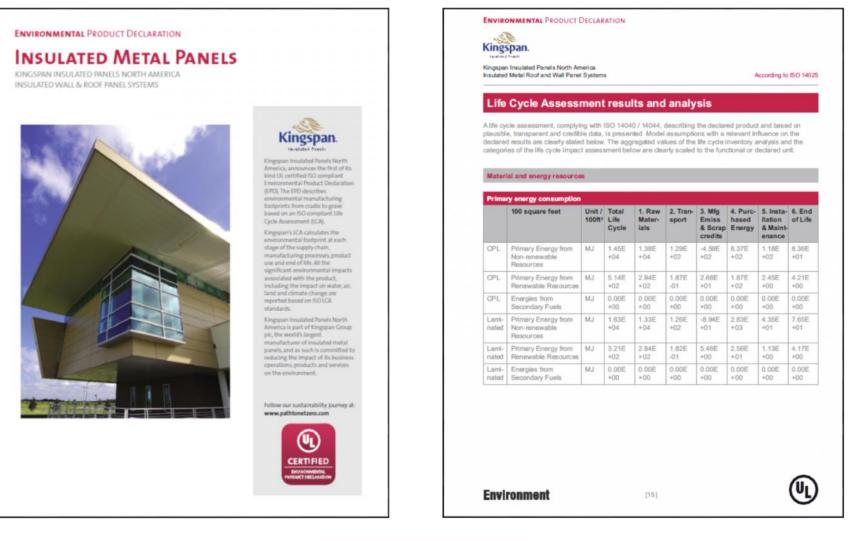


Environmental Facts

One square meter of carpet Life cycle impact from cradle to one year of usage

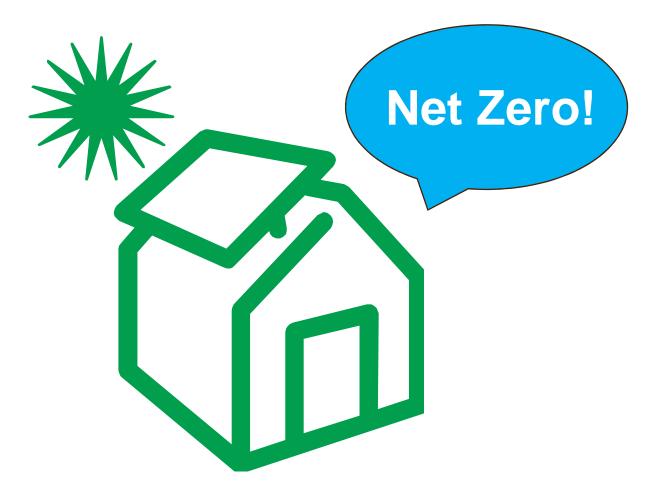
Energy Consumption	
Total nonrenewable primary energy	209.12 MJ
Total renewable primary energy	4.02 MJ
Total primary energy	213.14 MJ
Resource Consumption	
Nonrenewable resources	15.40 kg
Water	0.5338 m ³
Waste Produced	
Non-hazardous waste	15.52 kg
Hazardous waste	0.0706 kg
Impact Measures	
Acidification potential	2.06 mol H+ Equiv.
Eutrophication potential	0.0044 kg N-Equiv.
Global warming potential	10.61 kg CO ₂ -Equiv.
Ozone depletion potential	9.34E-07 kg CFC 11-Equiv.
Smog potential	0.50 kg NOx-Equiv.

Manufacturers are starting to publish LCA-based information in **Environmental Product Declarations.**



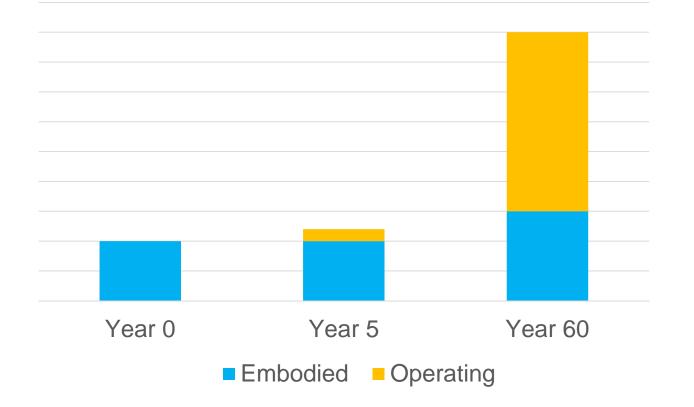
EPDs are required under M1b

LCA addresses more than just operating energy performance – it includes **embodied** environmental impacts.



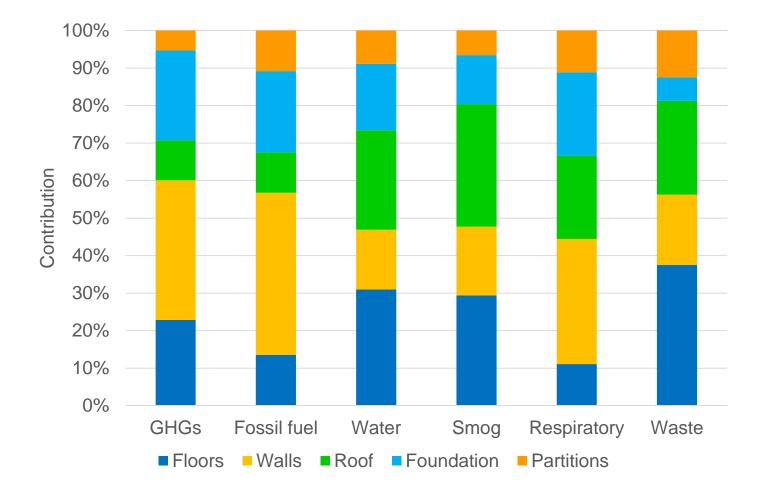
(If we don't count everything it took to make the building.....)

Embodied impacts are important because we feel them **today**, not 60 years down the road. Taking steps to reduce embodied impacts of construction has an immediate benefit.

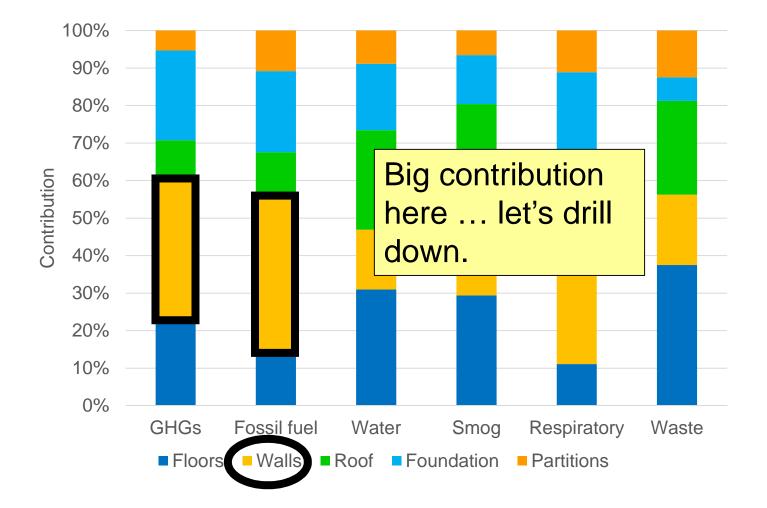


Energy Consumption

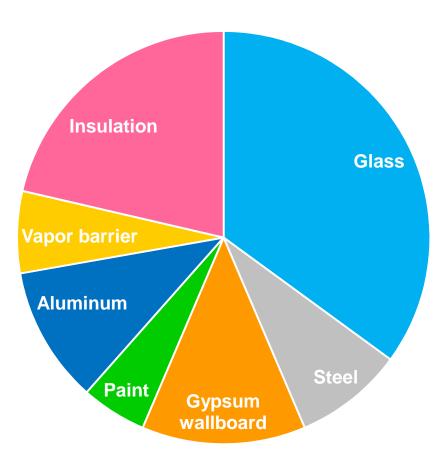
Over the life of the building, embodied impacts are less important than operating impacts so we often ignore them. This is a **mistake**. LCA uncovers the **hot spots** – where in the building the biggest impacts are happening. This tells us where to focus our attention when seeking improvements.



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In this example, we'll see a difference if we address the glass – maybe use a different type, or maybe reduce the area.



Fossil fuel, wall components

A few words about LCA limitations:

- LCA is just one tool in the sustainability kit.
- It only addresses some of the environmental impacts we may be concerned about.
- We need other tools for different impacts.
- For example:
 - Indoor air quality and human health.
 - Responsible resource extraction (e.g. sustainable harvesting) including all site-specific impacts like biodiversity.
- LCA is an estimating science, not an exact science.
- LCA helps inform direction, it does not delivery absolute answers.